

Calaveras Senior Center / JANUARY 2023 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NA	2 CLOSED 	3 Tai Chi 3:00 – 5:00 pm	4 Quilt Ladies 10am - 2pm Bridge 12:00 pm Bingo 1:30 pm	5 Commodities Truck 9:00 am Sewing 9am - 2pm Grief Support 10:30 am Tai Chi 3:00 - 5:00 pm	6 Sewing 9am - 2pm	7
8	9 Chair Yoga 10:45 am	10 Tai Chi 3:00 – 5:00 pm	11 Quilt Ladies 10am-2pm	12 Sewing 9am - 2pm Grief Support 10:30 am Tai Chi 3:00 - 5:00 pm	13 Sewing 9am – 2pm Bingo – 5:30 pm	14
15	16 Chair Yoga 10:45 am	17 Tai Chi 3:00 – 5:00 pm	18 Quilt Ladies 10am - 2pm Bridge 12:00 pm Bingo 1:30 pm	19 Sewing 9am - 2pm Grief Support 10:30 am Tai Chi 3:00 - 5:00 pm	20 Sewing 9am – 2pm	21
22	23 Chair Yoga 10:45 am	24 Board Meeting 10:00 am Tai Chi 3:00 – 5:00 pm	25 Quilt Ladies 10am-2pm	26 Sewing 9am - 2pm Grief Support 10:30 am Tai Chi 3:00 - 5:00 pm	27 Sewing 9am – 2pm	28
29	30 Chair Yoga 10:45 am	31 Tai Chi 3:00 – 5:00 pm				

JANUARY 2023 Lunch Menu



MON	TUE	WED	THU	FRI
2 CLOSED	3 Chicken Fajitas Sides Soup	4 Salisbury Steak Sides Soup	5 Ham & Cheese Wrap Sides Soup	6 Herbed Tilapia Sides Soup
9 Pork Verde Soup Sides	10 Chili Dog Sides Soup	11 Roasted Pork Loin Sides Soup	12 Chicken Sandwich Sides Soup	13 Fish Taco Sides Soup
16 Chicken Ala King Sides Soup	17 Enchilada Casserole Sides Soup	18 BLT Wrap Sides Soup	19 Chicken Alfredo Sides Soup	20 Crab Cakes Hushpuppies Sides Soup
23 Beef Taco Sides Soup	24 Cheese Burger Sides Soup	25 Chicken Fried Steak Sides Soup	26 Chili Colorado Sides Soup	27 Fish & Chips Sides Soup
30 Chili Colorado Sides Soup	31 French Dip Sides Soup			

\$8.00 Full Lunch

No age restrictions

Menu is subject to change without notice, but we will attempt to notify you of any changes as far in advance as possible.

Hours

Lunch:
11 am – 1 pm
Monday - Friday

Office:
9 am – 2 pm
Monday – Friday



The Phoenix Kitchen

956 Mountain Ranch Road, San Andreas, CA 95249

(209) 754-3967

www.calaverasseniorcenter.org