

**The
Calaveras County
Senior Center's**



**Resource Guide
For Seniors**

2024

COMPILED FOR SENIORS

BY

THE CALAVERAS COUNTY

SENIOR CENTER

Table of Contents

EMERGENCY SERVICES	1
HOSPITALS AND HEALTH CLINICS.....	2
RESIDENTIAL CARE.....	2
SKILLED NURSING FACILITIES.....	3
MEDICAL SERVICES & ASSISTANCE.....	3
IN-HOME HEALTH CARE.....	3
MEDICAL EQUIPMENT & SUPPLIES.....	4
FOOD SOURCES.....	4
HOUSING	5
LIVING ASSISTANCE AND SUPPORT	5
SOCIAL SERVICES AGENCIES.....	6
LEGAL SERVICES:	6
SUPPORT GROUPS	6
TRANSPORTATION	6
SERVICE ORGANIZATIONS	7
CONSUMER/FINANCIAL SERVICES	7
EMPLOYMENT SERVICES	7
CALAVERAS SENIOR CENTER ACTIVITIES.....	7

SENIOR CENTER

PO BOX 1526

956 MOUNTAIN RANCH ROAD

SAN ANDREAS, CALIFORNIA 95249

www.calaverasseniorcenter.org

EMERGENCY SERVICES

For all emergency situations call 911

For non-emergency calls:

FIRE: for information about fire protection in your area, look on the first page of your SBC Pacific Bell phone book.

AMBULANCE:	Call 911
POLICE:	
Angels Camp:	209-736-2567
Sheriff's Department (24 hours)	209-754-6500
Substations:	
Arnold	209-795-0473
Copperopolis	209-785-6550
Highway Patrol	209-306-6400
Adult Protective Services	209-754-6452
Elder Abuse, Public Guardian	
Behavioral Health Services	209-754-6525
Suicide Prevention	209-754-3239
Caltrans Road Conditions	800-427-7623
CDF Information	209-754-6600
Crisis Center Hot Line	209-754-4011
Mark Twain Emergency Room	209-754-3521
Office of Emergency Services	209-754-6303
Poison Control	800-222-1222
Red Cross	800-621-3362 or 916-381-0330

HOSPITALS AND HEALTH CLINICS

Dignity Health Mark Twain Medical Center	209-754-3521
Clinics: For All Clinic Appointments & Requests for a New Provider, Call	209-754-2968
Arnold Clinic	209-795-4193
Copperopolis Clinic	209-785-7000
San Andreas Clinic	209-754-4564
Valley SpringsClinic	209-772-7070
MACT Clinic in San Andreas	209-755-1400
Rapid Care Angels Camp	209-736-9341
Angels Camp HealthCare	209-736-9130
Sonora Regional Medical Center	209-532-5000
St. Joseph's Medical Center, Stockton	209-943-2000
Sierra Eye Center	209-736-6760
Health Insurance Counseling & Advocacy Program (HICAP) regarding Health Insurance & Medicare Information and Doctors	800-510-2020

RESIDENTIAL CARE

Amador Residential Care, Jackson	209-223-4444
Foothill Village, Angels Camp	209-729-2200
Gold Quartz I nn, Sutter Creek	209-267-9155
Jackson Gardens, Jackson	209-223-0411
Meadow View Manor, Sonora	209-533-0935
Oak Manor, Jackson	209-223-3273
Skyline Place, Sonora	209-588-0373

SKILLED NURSING FACILITIES

Avalon Care Center, Sonora	209-533-2500
Golden San Andreas Care (Formerly Avalon)	209-754-3823
Kit Carson Convalescent, Jackson	209-223-2231
Tuolumne General, Sonora	209-532-3401

MEDICAL SERVICES & ASSISTANCE

Adult Protective Services	209-754-6452
Calaveras County Mental Health	209-754-6525
Caregiver Resource Center	800-635-0220
Drug & Alcohol Department	209-754-6555
Health Department	209-754-6460
Medi-Cal/ Welfare Department	209-754-6448
Senior Peer Counseling	209-754-6642
Substance Abuse Treatment	855-599-7128
The Resource Connection	209-754-3114

IN-HOME HEALTH CARE

At Home Care	877-942-4111
Catholic Charities Senior Services	209-532-7632
Elder Care Locator (nation-wide)	800-677-1116
Hospice of Amador & Calaveras	209-223-5500
In-home Supportive Services	209-754-6452
In-home Visits and Counseling	209-754-9690
Ombudsman, Long Term Care	209-532-7632
Public Authority	209-754-6544
United Home care	209-223-3866
Visiting Angels (non-medical caregivers)	530-677-4400
Visiting Nurses	209-736-2338
Volunteer Center	209-754-1699

MEDICAL EQUIPMENT & SUPPLIES

To Borrow:

Senior Center in San Andreas 209-754-3967

To Rent or Buy:

Apria Healthcare 209-223-7727

Med Mart-Pacific Pulmonary Service 209-754-4991

Western Health Care Industries 209-223-7306

FOOD SOURCES

Calaveras Senior Center Lunch Café 209-754-3967

Monday through Friday 11:00 a.m. to 1:00 p.m.
(No age restrictions, No reservations)

Covenant Church – Free meal every Wednesday from
4:00 p.m. to 6:00 p.m. 209-754-3881

The Resource Connection Food Bank 209-754-1257
Monday through Friday 9:00 a.m. to 5:00 p.m. in
San Andreas

USDA Commodity Program 209-754-1257

1st Thursday, 9:00 a.m. to 11:00 a.m. located in
Angels Camp, Arnold, Copperopolis, Mountain Ranch
Murphys, Railroad Flat, San Andreas, Valley Springs
And West Point.

Community Pantries – call for time 209-754-1257
Arnold (2), Angels Camp (5), Copperopolis, Mountain
Ranch, Murphys (2), San Andreas, Valley Springs (2)
And West Point

Social Services/Food Stamps 209-754-6448

Meals on Wheels 209-223-0442

Jackson Senior Center 209-223-0442

Murphys Senior Center 209-728-1672

HOUSING

Emergency, Temporary:

Crisis Line (24 hour)	209-736-4011
Habitat for Humanity	209-754-5331
Legal Assistance (Landlord/Tenant)	209-754-1443
California Fair Housing Department	800-884-1684

Subsidized Housing:

Altaville Apartments	209-736-0620
Bear Mountain Apartments, San Andreas	209-754-4077
Diamond Place Apartments , San Andreas	209-754-4643
Murphy's Senior Apartments	209-728-9114
San Andreas Apartments	209-754-1453
Sierra Meadows, Arnold	209-795-3407

Shelters:

Jackson	209-223-1485
Sonora	209-694-8698
Calaveras Housing Repair Program	209-754-6448

LIVING ASSISTANCE AND SUPPORT

AARP Tax Assistance (free for Seniors)	209-795-8208
Common Ground	209-223-3015
Disability Resource Agency (DRAIL)	209-532-0963
Food Bank – Open Monday through Friday, 9:00 a.m. to 5:00 p.m.	209-754-1257
Helping Hands (caregivers, yard & house)	209-283-3838
Legal Advocacy for Seniors	209-588-1597
Low Income Energy Assistance	209-754-1257
PG&E Assistance – ATCA	209-223-1485
REACH – Emergency Electrical Help	209-754-1257
The Resource Connection (Emergency Food Services, Energy Programs & Referrals)	209-754-1257
Volunteer Center	209-754-1699
Weatherization	209-754-1257

SOCIAL SERVICES AGENCIES

Catholic Charities	209-532-7632
Environmental Department	209-754-6399
Jenny Lind Veterans Mem. Dist.	209-772-9650
Social Security Administration	800-772-1213
Veteran's Services	209-754-6624

LEGAL SERVICES:

Court Self Help Legal Center	209-754-1443
Legal Document Assistance	209-536-1103
Senior Legal Hotline	800-222-1753
Jim Hildreth	209-988-3905

SUPPORT GROUPS

Alcoholics Anonymous	800-851-1304
Area 12 Agency on Aging	800-510-2020
Mark Twain Physical Therapy	209-754-2609
Mental Health Program	209-754-6525
Movers & Shakers Parkinson's	209-785-8166
National Alliance for Mentally Ill	209-736-4264
Senior Peer Support Services	209-754-6642
Sierra Wind Wellness Center	209-223-1956

TRANSPORTATION

Amador County Shuttle Service	209-217-7783
Blue Mountain Transit	209-223-5300
Calaveras Airport	209-736-2523
Calaveras County Transit	209-754-4450
Stagecoach Limo, Gary Thomas	209-736-9226
Volunteer Center	209-754-1699

SERVICE ORGANIZATIONS

Lions Mokelumne Hill	510-552-7272
Lions Murphys/Angels Camp	209-917-0105
Lions Tri-Dam Valley Springs	209-479-9378
Lions West Point	209-770-4228
Moose Lodge #1123-Ebbetts Pass	209-795-3112
Rotary Club of Angels Camp/Murphys/Arnold	209-743-9876
Rotary Club of San Andreas	209-304-4965
VFW Post 2600	209-754-3916

CONSUMER/FINANCIAL SERVICES

Free Income Tax Preparation – AARP	209-795-8208
Internal Revenue Service (IRS)	800-829-1040

EMPLOYMENT SERVICES

Calaveras Job Connection	209-754-4242
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CALAVERAS SENIOR CENTER ACTIVITIES

Lunch (dine in & to go)

Monday through Friday from 11:00 a.m. to 1:00 p.m.

Commodities – 1st Thursday from 9:00 a.m. to 11:00 a.m.

Bingo – 1st and 3rd Wednesdays at 1:30 p.m.

Duplicate Bridge – 1st and 3rd Wednesdays. Please call 209-768-2936

Grief Support – Every Thursday at 10:30 a.m.

Sewing – Thursdays and Fridays from 9:00 a.m. to 2:00 p.m.

Currently, Voices of Wisdom, Every Tuesday at 12:30 p.m.

For other activities, please call 209-754-3967

Disclaimer

The Senior Center has selected the most frequently needed services to include in this Guide. Inclusion in the Guide does not constitute a recommendation or endorsement. The information is current as of the date of publication. All efforts have been made to obtain accurate listings. If you find a mistake, or want to suggest an entry for the next Guide, contact The Senior Center at (209) 754-3967

Or email: Marilyn Hinsdale at hinsdalem@gmail.com

**For out of County Services call the Area 12
Agency on Aging at
1-800-510-2020**