

The Calaveras County Senior Center



Resource Guide



August 2026

[illegible]

COMPILED FOR SENIORS
by
THE CALAVERAS COUNTY SENIOR CENTER

Contents

	Page
Emergency Services.....	1
Hospitals & Health Clinics	2
Residential Care.....	2
Skilled Nursing Facilities.....	3
Medical Services & Assistance	3
In-Home Health Care.....	3
Medical Equipment & Supplies	4
Food Sources	4
Housing	5
Living Assistance & Support	5
Social Service Agencies	6
Legal Services.....	6
Support Groups	6
Transportation	6
Service Organizations	7
Consumer / Financial Services	7
Employment Services	7
Calaveras Senior Center Activities.....	7

**MANY Miscellaneous Resource & Information
brochures at the Center!**

**Please Share YOUR Valuable Resource information
and updates! Thank you!**

Calaveras County Senior Center
P. O. Box 1526 – 956 Mountain Ranch Road
San Andreas, CA 95249 - 209-754-3967
www.calaverasseniorcenter.org
email: CalaverasSeniors@gmail.com

EMERGENCY SERVICES

For ALL emergency situations, call 911!

For non-emergency calls:

FIRE: For information about Fire Protection in
YOUR area, check the first page of your telephone
book!

AMBULANCE..... CALL 911

POLICE:

Angels Camp.....209-736-2567

Sheriff's Dept (24 hours)209-754-6500

Substations:

Arnold.....209-795-0473

Copperopolis209-785-6550

CHP – Highway Patrol.....209-754-3541

Adult Protective Services209-754-6452

Elder Abuse, Public Guardian

Behavioral Health Services209-754-6525

Suicide Prevention.....209-754-3239

Cal Trans Road Conditions800-427-7623

CDF Information209-754-6600

CRISIS Center Hot Line.....209-754-4011

Mark Twain Hospital Emergency Room ..209-754-3521

Office of Emergency Services.....209-754-6303

Poison Control800-222-1222

Red Cross.....800-621-3362 / 916-381-0330

MISCELLANEOUS

Calaveras Library! <https://library.calaverasgov.us/> ...

Calaveras County: www.calaverasgov.us/Quick-Links/Service

DMV: <https://www.dmv.ca.gov/portal/>

Instacart Shopping Deliveries: www.instacart.com

HOSPITALS, HEALTH CLINICS & HICAP

Golden Living (was Avalon)	209-754-3823
Common Spirit Dignity Health Care (Mark Twain Medical Center)	209-754-3521
Clinics: (For all clinic appointments & Requests for a New Provider)	209-754-2968
Arnold Clinic	209-795-4193
Copperopolis Clinic.....	209-785-7000
San Andreas Clinic	209-754-4564
Valley Springs Clinic	209-772-7070
MACT Clinic, San Andreas	209-755-1400
Rapid Care Angels Camp	209-736-9341
Angels Camp Health Care	209-736-9130
Sonora Regional Medical Center	209-532-5000
St. Joseph's Med Center, Stockton.....	209-943-2000
Sierra Eye Center	209-736-6760
HICAP (Health Insurance Counseling & Advocacy Program)	209-
(Regarding Health Insurance and Medicare Information and Doctors)	

RESIDENTIAL CARE

Amador Residential Care, Jackson.....	209-223-4444
Foothill Village, Angels Camp	209-729-2200
Gold Quartz Inn, Sutter Creek	209-267-9155
Jackson Gardens, Jackson.....	209-223-0411
Meadow View Manor, Sonora	209-533-0935
Oak Manor, Jackson.....	209-223-3273
Skyline Place, Sonora	209-588-0373

SKILLED NURSING FACILITIES

Avalon Care Center, Sonora	209-533-2500
Golden San Andreas Care (was Avalon) ..	209-754-3823
Kit Carson Convalescent, Jackson	209-223-2231
Tuolumne General, Sonora.....	209-532-3401

MEDICAL SERVICES AND ASSISTANCE

Adult Protective Services	209-754-6452
Calaveras County Mental Health	209-754-6525
Caregiver Resource Center	800-635-0220
Drug & Alcohol Department	209-754-6555
Health Department.....	209-754-6460
Medi-Cal / Welfare Department.....	209-754-6448
Senior Peer Counseling	209-754-6642
Substance Abuse Treatment.....	855-599-7128
The Resource Connection	209-754-3114

IN-HOME HEALTH CARE

At Home Care	877-942-4111
Catholic Charities Senior Services	209-531-7632
Elder Care Locator (nation-wide)	800-677-1116
Hospice of Amador & Calaveras	209-223-5500
In-Home Supportive Services	209-754-6452
In-Home Visits and Counseling.....	209-754-9690
Ombudsman, Long Term Care.....	209-532-7632
Public Authority	209-754-6544
United Home Care	209-223-8366
Visiting Angels (non-medical care).....	530-677-4400
Visiting Nurses.....	209-736-2338
Volunteer Center.....	209-754-1699

MEDICAL EQUIPMENT & SUPPLIES

To Borrow:

San Andreas Senior Center: 209-754-3967

To Rent or Buy:

Apria Healthcare 209-223-7727

Med Mart – Pacific Pulmonary Service ... 209-754-4991

Western Health Care Industries 209-223-7306

FOOD SOURCES

Calaveras Senior Center Café 209-754-3967

Mon-Fri, 11 am to 1 pm; no age restrictions, no
reservations, take out To Go available)

Covenant Church 309-754-3881

Free meal every Wednesday 4-6 pm

The Resource Connection Food Bank.... 209-754-1257

Mon-Fri 9 am to 5 pm, San Andreas

USDA Commodity Program 209-754-1257

1st Thursday, 9 am to 11 am, Angels Camp, Arnold,
Copperopolis, Mountain Ranch, Murphys, Railroad
Flat, San Andreas, Valley Springs, West Point

Community Pantries. For times, call 209-754-1257

Arnold (2), Angels Camp (5), Copperopolis,
Mountain Ranch, Murphys (2), San Andreas, Valley
Springs (2), West Point

Social Services / Food Stamps 209-754-6448

Meals on Wheels 209-223-0442

Jackson Senior Center 209-223-0442

Murphys Senior Center 209-728-1672

HOUSING

Emergency, Temporary: 24-Hr Crisis Line.....	209-736-4011
Habitat for Humanity	209-754-5331
Legal Assistance (Landlord / Tenant)	209-754-1442
California Fair Housing Department.....	800-884-1684
Subsidized Housing:	
Altaville Apartments.....	209-736-0620
Bear Mountain Apartments (San A.) ...	209-754-4077
Diamond Place Apartments (San A) ...	209-754-4643
Murphys Senior Apartments	209-728-9114
San Andreas Apartments.....	209-754-1453
Sierra Meadows, Arnold	209-795-3407
Shelters: Jackson	209-223-1485
Shelters: Sonora	209-694-8698
Calaveras Housing Repair Program	209-754-6448

LIVING ASSISTANCE AND SUPPORT

VITA Tax Assistance.....	209-268-6232
Common Ground	209-223-3015
Disability Resource Agency (DRAIL).....	209-532-0963
Food Bank (Mon-Fri 9 am – 5 pm).....	209-754-1257
Helping Hands (Caregivers, yard & house) .	209-283-3838
Legal Advocacy for Seniors	209-588-1597
Low Income Energy Assistance	209-754-1257
PG&E Assistance – ATCA.....	209-223-1485
REACH – Emergency Electrical Help	209-754-1257
The Resource Connection	209-754-1257
(Emergency Food Services, Energy Programs, etc.	
The Resource Connection Resources	209-754-1075
Volunteer Center – Marti Crane	209-754-1699
Weatherization.....	209-754-1257

SOCIAL SERVICES AGENCIES

Veteran Crisis Line	Dial 988 then press 1
Catholic Charities LTC Ombudsman.....	209-532-7632
Environmental Department.....	209-754-6399
Jenny Lind Veterans Memorial Dist	209-772-9650
Social Security Administration	800-772-1213
Veteran’s Services.....	209-754-6624
Valley Springs Veterans Center	209-754-6910

LEGAL SERVICES

Court Self Help Legal Center.....	209-754-1443
Legal Document Assistance	209-536-1103
Jim Hildreth	209-988-3905

SUPPORT GROUPS

Alcoholics Anonymous.....	800-851-1304
Area 12 Agency on Aging	800-510-2020
Mark Twain Physical Therapy.....	209-754-2609
Mental Health Program.....	209-754-6525
Movers & Shakers Parkinson’s.....	209-785-8166
National Alliance for Mentally Ill	209-736-4264
Senior Peer Support Services	209-754-6642
Sierra Wind Wellness Center.....	209-223-1956

TRANSPORTATION

Amador County Shuttle Service.....	209-217-7783
Area 12 Medical Appointment Rides.	209-532-6272 x.220
Blue Mountain Transit.....	209-223-5300
Calaveras Airport.....	209-736-2523
Calaveras County Transit	209-754-4450
Stagecoach Limo, Gary Thomas	209-736-9226
Volunteer Center	209-754-1699
(website: calaverasvolunteer.com)	

SERVICE ORGANIZATIONS

Lions Mokelumne Hill.....	510-552-7272
Lions Murphys / Angels Camp	209-917-0105
Lions Tri-Dam Valley Springs	209-479-9478
Lions West Point.....	209-770-4228
Moose Lodge #1123 – Ebbetts Pass.....	209-795-3112
Rotary Club – Angels/Murphys/Arnold ...	209-743-9876
Rotary Club – San Andreas	209-304-4965
VFW Post 2600	209-754-3916

CONSUMER / FINANCIAL SERVICES

Free Income Tax Prep – AARP	209-795-8208
Internal Revenue Service (IRS)	800-829-1040

EMPLOYMENT SERVICES

Calaveras Job Connection.....	209-754-4242
-------------------------------	--------------

CALAVERAS SENIOR CENTER ACTIVITIES

May Include:

Lunch: (Dine In & To Go) Mon-Fri 11 am to 1 pm

(Menus & Activities posted to our website, our Facebook page, etc. We can email copies to you & you can pick a copy up each month at the center!)

Bingo: 1st & 3rd Wednesdays 1:30 pm

Duplicate Bridge: Call 209-768-2936 for monthly schedule!

Grief Support: Wednesdays 10:30 am

Qui Gong: 10:00 am / Tai Chi: 11:00 am Tuesdays

Sewing: Thursdays & Fridays, 9:00 am to 2:00 pm

HiCap consultations by Appointment: 800-434-0222

**Activities change. Space may be available to rent
for YOUR activity ongoing or for specific dates!
Call us!**

[illegible]

DISCLAIMER

The Calaveras County Senior Center has selected the most frequently needed and utilized services to include in this guide for information only. Inclusion in the Guide does not constitute a recommendation or endorsement. The information is current as of the date of publication. All efforts have been made to obtain accurate listings and information.

If you find a mistake, have updated information or want to suggest an entry for the next Guide, please contact the Senior Center at 209-754-3967 or email us at CalaverasSeniors@gmail.com. We'd love to hear from you.

For out of county and other services, call the Area 12 Agency on Aging at 800-434-0222.